



Howling Wolf Adventures Ltd

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2006 Sample the Rockies Adventure Camp

Dates: SARC #1 July 2-11, #2 Aug 7-16

Number of Days: 10

Begin and End in Cranbrook, British Columbia

Ages 13-17 years

Costs: \$ 1899.00 CDN

An action packed short version of our longer youth adventures! This adventure is great for first timers who want to experience the excitement of the Canadian Rockies but are not sure that a long trip is what they want (yet!) , or for those who already have a busy summer planned and only have time for a quick trip. Spend a week traveling the majestic Canadian Rockies and “sample” all of the activities that would be included in a longer trip. By the last day we’re confident that you’ll wish it was longer!

Day 1: We will meet you at the Cranbrook Regional Airport. You will travel to our base camp area settle in, gear sign-out and play some group games. We always end the day with a campfire.

1 Day – Whitewater Rafting You will spend a full day rafting the amazing whitewater that can only come from the mountains! The day will be spent rafting the Elk River Canyon, huge crashing waves, technical rapids and beautiful rock wall canyons.

1 Day – Mountain Biking You will travel along backcountry roads learning the tricks and sport of Mountain Biking, in the mountains! Gear will be transported to our campsite location, allowing you to really travel on the bikes.

2 Days – Day Hike & Natural Hot Springs. You will visit crystal clear alpine lakes, rocky ridges, and snow covered basins for some boot skiing. Keep your ears open for the pica in the rocks and watch for the mighty Rocky Mountain elk. One day trip will include a soak in natural hot springs.

2 Days – Introductory Backpack. You will hike into the wilderness of the Purcell Mountain Range and Howling Wolf Lake, our namesake!. You will hike to the top of the grassy ridge above the lake, seeking out those elusive Mountain Goats and Mountain Sheep that live here.

1 Day – Watersports! We will travel to the sandy beaches of Lake Koochanusa and set up our beach camp. You will have the opportunity to try out a variety of watersports and swim in the warm waters.

1 Day – Dude Ranch! Visit a real working ranch and resort nestled in the beautiful Kootenay Valley. On this day you will have a choice of activities. Spend the day either on horseback or trying your hand at fly-fishing a beautiful local river. The sights and sounds of the day will bring out the Canadian cowboy in you!

Final Day: Wrap up, local shopping etc. Depart from Cranbrook Airport. The hardest part of the whole trip!