



Howling Wolf Adventures Ltd

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2006 Canadian Rockies Outdoor Leader Camp

Dates: OLC #1 June 30-July 19, #2 July 22-August 10

Ages: 15-18

Number of Days: 20

Costs: \$ 3399.00 CAN

Begin and End in Cranbrook, British Columbia (airfare is not included in the cost of any adventure)

This leadership camp will explore the wondrous Canadian Rockies and a variety of outdoor activities; it will also introduce you to the concepts of outdoor leadership. Building confidence in your abilities and skills during your program will help to develop the leadership skills that can be transferred to many situations in life. Program activities include; hiking, backpacking expeditions, mountain biking, whitewater rafting, first aid and CPR certification, map and compass, route and campsite selection, backcountry cuisine, and group dynamic and teambuilding sessions. Our program will also include a service project in the local area which may include wildlife or fisheries enhancement projects, watershed clean-up projects, or ecosystem restoration projects.

Day 1: We will meet you at the Cranbrook Regional Airport. You will travel our base camp area settle in, gear sign-out and play some group games. We always end the day with a campfire.

2 Days – First Aid & CPR: You will take part over a 2 day period in both a first aid course and CPR course. These courses will include simulations in an outdoor setting to test your knowledge and skills.

2 Days – Introductory Backpack - You will hike into the wilderness of the Purcell Mountain Range and Howling Wolf Lake, our namesake!. You will hike to the top of the grassy ridge above the lake, seeking out those elusive Mountain Goats and Mountain Sheep that live here. This trip will help the leaders evaluate your knowledge and abilities for future trips. Leadership styles, route finding and campsite location, backcountry cuisine and team building sessions will all be included.

4 Days – Day Trips: These day hikes will be spread out throughout your trip. You will visit crystal clear alpine lakes, rocky ridges, and snow covered basins for some boot skiing. Facilitated by our professional guides, these trips will be led by the campers to test their leadership abilities. We will visit the highest peak in the Steeples range of the Rocky Mountains, even the Stanley Cup has been here!!

4 Days – Backpack Expedition: Facilitated by professional guides this trip will be the responsibility of the campers. They will plan menus, select camping sites, determine routes, and work together as a team to ensure the best possible experience. We will travel to Cliff Lake (guess how it gets its name) up over windy pass to Tanglefoot Lake, over to the Mause creek tarns and then out for a swim in Horseshoe Lake.

2 Days – Whitewater Rafting: You will spend 2 separate days rafting the amazing whitewater that can only come from the mountains! One day will be spent rafting the Elk River Canyon, huge crashing waves, technical rapids and beautiful rock wall canyons. Our second day of rafting will take place on the legendary Kicking Horse River, awesome waves will crash over the bow and this river has some of the longest sustained rapids in the country

2 Days – Mountain Biking: You will travel along backcountry roads learning the tricks and sport of Mountain Biking, in the mountains! Gear will be transported to our campsite location, allowing you to really travel on the bikes.

2 days – Service Project: You will have the opportunity to be involved with a local social or environment project while on your trip. Projects could include wildlife winter range enhancement, watershed clean up or ecosystem restoration.

Final Day: Depart from the Cranbrook Regional Airport. The hardest part of the whole trip!